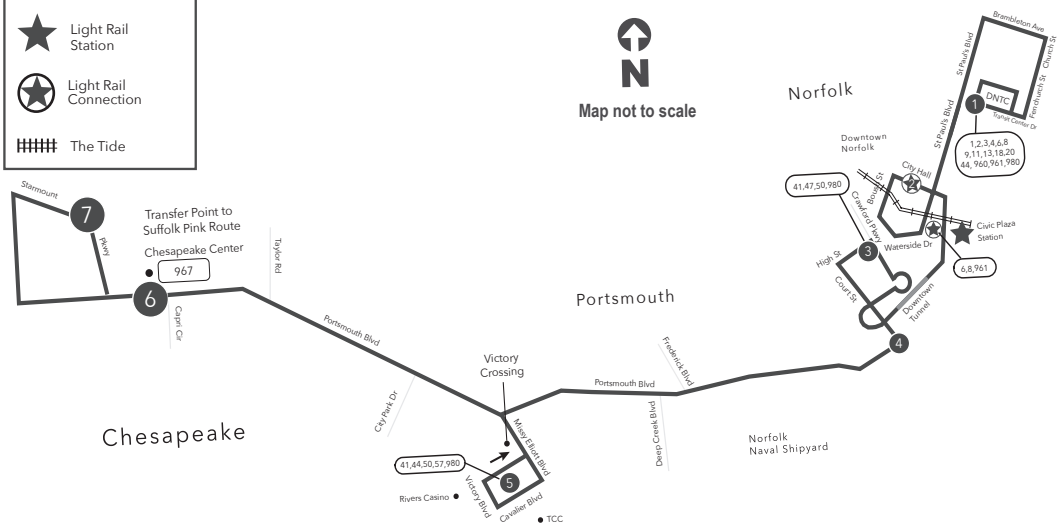


Route 45 Downtown Norfolk Transit Center / Portsmouth

Legend

- Weekday
- Streets
- Time Point
- Connecting Bus Routes
- Point of Interest
- Light Rail Station
- Light Rail Connection
- The Tide



PM times are shaded & in bold.

WEEKDAY: From Downtown Norfolk Transit Center to Norfolk Naval Shipyard to Victory Crossing to Jolliff Rd

WEEKDAY: From Jolliff Rd to Victory Crossing to Norfolk Naval Shipyard to Downtown Norfolk Transit Center

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|---------------------------------|--------------------------|---------------------|-------------------------|------------------|-------------------|-----------------------------|-----------------------------|-------------------|------------------|-------------------------|---------------------|--------------------------|---------------------------------|
| Downtown Norfolk Transit Center | MacArthur Square Station | Downtown Portsmouth | Portsmouth Blvd Elm Ave | Victory Crossing | Chesapeake Center | Jolliff Rd Portsmouth Blvd. | Jolliff Rd Portsmouth Blvd. | Chesapeake Center | Victory Crossing | Portsmouth Blvd Elm Ave | Downtown Portsmouth | MacArthur Square Station | Downtown Norfolk Transit Center |
| - | - | - | - | - | - | - | 4:15 | 4:18 | 4:39 | 4:51 | 5:04 | 5:19 | 5:24 |
| - | - | - | - | - | - | - | 5:15 | 5:18 | 5:35 | 5:47 | 6:04 | 6:19 | 6:24 |
| 5:10 | 5:22 | 5:34 | 5:40 | 5:51 | 6:04 | 6:09 | 5:45 | 5:48 | 6:05 | 6:17 | 6:34 | 6:49 | 6:54 |
| 6:10 | 6:22 | 6:34 | 6:40 | 6:54 | 7:07 | 7:12 | 6:15 | 6:18 | 6:38 | 6:50 | 7:04 | 7:19 | 7:24 |
| 6:40 | 6:52 | 7:04 | 7:10 | 7:24 | 7:37 | 7:42 | 6:45 | 6:48 | 7:08 | 7:20 | 7:34 | 7:49 | 7:54 |
| 7:10 | 7:22 | 7:34 | 7:40 | 7:54 | 8:07 | 8:12 | 7:15 | 7:18 | 7:38 | 7:50 | 8:04 | 8:19 | 8:24 |
| 7:40 | 7:52 | 8:04 | 8:10 | 8:24 | 8:38 | 8:43 | 7:45 | 7:48 | 8:08 | 8:20 | 8:34 | 8:49 | 8:54 |
| 8:10 | 8:22 | 8:33 | 8:38 | 8:54 | 9:08 | 9:13 | 8:15 | 8:18 | 8:38 | 8:50 | 9:04 | 9:19 | 9:24 |
| 8:40 | 8:51 | 9:03 | 9:08 | 9:23 | 9:38 | 9:43 | 8:45 | 8:48 | 9:08 | 9:20 | 9:34 | 9:49 | 9:54 |
| 9:10 | 9:21 | 9:33 | 9:38 | 9:53 | 10:08 | 10:13 | 9:15 | 9:18 | 9:38 | 9:50 | 10:04 | 10:19 | 10:24 |
| 9:40 | 9:51 | 10:03 | 10:08 | 10:23 | 10:38 | 10:43 | 9:45 | 9:48 | 10:08 | 10:20 | 10:34 | 10:49 | 10:54 |
| 10:10 | 10:21 | 10:33 | 10:38 | 10:53 | 11:08 | 11:13 | 10:15 | 10:18 | 10:38 | 10:50 | 11:04 | 11:19 | 11:24 |
| 10:40 | 10:51 | 11:03 | 11:08 | 11:23 | 11:38 | 11:43 | 10:45 | 10:48 | 11:08 | 11:20 | 11:34 | 11:49 | 11:54 |
| 11:10 | 11:21 | 11:33 | 11:38 | 11:53 | 12:08 | 12:13 | 11:15 | 11:18 | 11:38 | 11:50 | 12:04 | 12:19 | 12:24 |
| 11:40 | 11:51 | 12:03 | 12:08 | 12:23 | 12:38 | 12:43 | 11:45 | 11:48 | 12:08 | 12:20 | 12:34 | 12:49 | 12:54 |
| 12:10 | 12:21 | 12:33 | 12:38 | 12:53 | 1:08 | 1:13 | 12:15 | 12:18 | 12:38 | 12:50 | 1:04 | 1:19 | 1:24 |
| 12:40 | 12:51 | 1:03 | 1:08 | 1:23 | 1:38 | 1:43 | 12:45 | 12:48 | 1:08 | 1:20 | 1:34 | 1:49 | 1:54 |
| 1:10 | 1:21 | 1:33 | 1:38 | 1:53 | 2:08 | 2:13 | 1:15 | 1:18 | 1:38 | 1:50 | 2:04 | 2:19 | 2:24 |
| 1:40 | 1:51 | 2:03 | 2:08 | 2:23 | 2:38 | 2:43 | 1:45 | 1:48 | 2:08 | 2:20 | 2:34 | 2:49 | 2:54 |
| 2:10 | 2:21 | 2:33 | 2:38 | 2:53 | 3:08 | 3:13 | 2:15 | 2:18 | 2:38 | 2:50 | 3:04 | 3:19 | 3:24 |
| 2:40 | 2:51 | 3:03 | 3:09 | 3:25 | 3:40 | 3:45 | 2:45 | 2:48 | 3:08 | 3:21 | 3:34 | 3:49 | 3:54 |
| 3:05 | 3:17 | 3:33 | 3:39 | 3:51 | 4:09 | 4:14 | 3:15 | 3:18 | 3:39 | 3:52 | 4:05 | 4:20 | 4:28 |
| 3:35 | 3:47 | 4:03 | 4:09 | 4:21 | 4:40 | 4:45 | 3:45 | 3:48 | 4:09 | 4:22 | 4:35 | 4:50 | 4:58 |
| 4:05 | 4:17 | 4:33 | 4:39 | 4:51 | 5:09 | 5:14 | 4:15 | 4:18 | 4:39 | 4:52 | 5:05 | 5:20 | 5:28 |
| 4:35 | 4:47 | 5:03 | 5:09 | 5:21 | 5:39 | 5:44 | 4:45 | 4:48 | 5:09 | 5:22 | 5:35 | 5:50 | 5:57 |
| 5:05 | 5:17 | 5:33 | 5:39 | 5:51 | 6:09 | 6:14 | 5:15 | 5:18 | 5:39 | 5:52 | 6:05 | 6:20 | 6:25 |
| 5:40 | 5:52 | 6:04 | 6:09 | 6:23 | 6:36 | 6:41 | 5:45 | 5:48 | 6:08 | 6:20 | 6:33 | 6:48 | 6:53 |
| 6:10 | 6:21 | 6:33 | 6:38 | 6:52 | 7:05 | 7:10 | 6:15 | 6:18 | 6:35 | 6:47 | 7:04 | 7:19 | 7:24 |
| 6:40 | 6:51 | 7:03 | 7:08 | 7:22 | 7:35 | 7:40 | 6:45 | 6:48 | 7:05 | 7:17 | 7:34 | 7:49 | 7:54 |
| 7:10 | 7:21 | 7:33 | 7:38 | 7:52 | 8:05 | 8:10 | 7:15 | 7:18 | 7:35 | 7:47 | 8:04 | 8:19 | 8:24 |
| 8:10 | 8:21 | 8:33 | 8:38 | 8:52 | 9:05 | 9:10 | 8:15 | 8:18 | 8:35 | 8:47 | 9:04 | 9:19 | 9:24 |
| 9:10 | 9:21 | 9:33 | 9:38 | 9:52 | 10:05 | 10:10 | 9:15 | 9:18 | 9:35 | 9:47 | 10:04 | 10:19 | 10:24 |
| 10:10 | 10:21 | 10:33 | 10:38 | 10:52 | 11:05 | 11:10 | 10:15 | 10:18 | 10:35 | 10:47 | 11:04 | 11:19 | 11:24 |
| 11:10 | 11:21 | 11:33 | 11:38 | 11:52 | 12:00 | 12:10 | 11:15 | 11:18 | 11:35 | 11:47 | 12:04 | 12:19 | 12:24 |
| 12:10 | 12:21 | 12:33 | 12:38 | 12:52 | 1:05 | 1:10 | 12:15 | 12:18 | 12:35 | 12:47 | 1:04 | 1:19 | 1:24 |

SATURDAY: From Downtown Norfolk Transit Center to Norfolk Naval Shipyard to Victory Crossing to Jolliff Rd

SATURDAY: From Jolliff Rd to Victory Crossing to Norfolk Naval Shipyard to Downtown Norfolk Transit Center

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|---------------------------------|--------------------------|---------------------|-------------------------|------------------|-------------------|-----------------------------|-----------------------------|-------------------|------------------|-------------------------|---------------------|--------------------------|---------------------------------|
| Downtown Norfolk Transit Center | MacArthur Square Station | Downtown Portsmouth | Portsmouth Blvd Elm Ave | Victory Crossing | Chesapeake Center | Jolliff Rd Portsmouth Blvd. | Jolliff Rd Portsmouth Blvd. | Chesapeake Center | Victory Crossing | Portsmouth Blvd Elm Ave | Downtown Portsmouth | MacArthur Square Station | Downtown Norfolk Transit Center |
| - | - | - | - | - | - | - | 4:15 | 4:18 | 4:36 | 4:48 | 5:03 | 5:14 | 5:23 |
| - | - | - | - | - | - | - | 5:15 | 5:18 | 5:36 | 5:48 | 6:03 | 6:14 | 6:23 |
| 5:10 | 5:16 | 5:34 | 5:39 | 5:53 | 6:06 | 6:11 | 5:45 | 5:48 | 6:06 | 6:18 | 6:34 | 6:46 | 6:55 |
| 6:10 | 6:16 | 6:34 | 6:39 | 6:53 | 7:06 | 7:11 | 6:15 | 6:18 | 6:36 | 6:48 | 7:03 | 7:15 | 7:24 |
| 6:40 | 6:46 | 7:04 | 7:09 | 7:23 | 7:36 | 7:41 | 6:45 | 6:48 | 7:06 | 7:18 | 7:33 | 7:45 | 7:54 |
| 7:10 | 7:16 | 7:34 | 7:39 | 7:53 | 8:06 | 8:11 | 7:15 | 7:18 | 7:36 | 7:48 | 8:03 | 8:15 | 8:24 |
| 7:40 | 7:46 | 8:04 | 8:09 | 8:23 | 8:36 | 8:41 | 7:45 | 7:48 | 8:06 | 8:18 | 8:33 | 8:45 | 8:54 |
| 8:10 | 8:16 | 8:34 | 8:39 | 8:53 | 9:06 | 9:11 | 8:15 | 8:18 | 8:36 | 8:48 | 9:03 | 9:15 | 9:24 |
| 8:40 | 8:46 | 9:04 | 9:09 | 9:24 | 9:38 | 9:43 | 8:45 | 8:48 | 9:06 | 9:18 | 9:33 | 9:45 | 9:54 |
| 9:10 | 9:15 | 9:34 | 9:39 | 9:54 | 10:08 | 10:13 | 9:15 | 9:18 | 9:36 | 9:48 | 10:03 | 10:15 | 10:24 |
| 9:37 | 9:45 | 10:04 | 10:09 | 10:24 | 10:38 | 10:43 | 9:45 | 9:48 | 10:06 | 10:18 | 10:33 | 10:45 | 10:54 |
| 10:07 | 10:15 | 10:34 | 10:39 | 10:54 | 11:08 | 11:13 | 10:15 | 10:18 | 10:36 | 10:48 | 11:03 | 11:15 | 11:24 |
| 10:37 | 10:45 | 11:04 | 11:09 | 11:24 | 11:38 | 11:43 | 10:45 | 10:48 | 11:06 | 11:18 | 11:33 | 11:45 | 11:54 |
| 11:07 | 11:15 | 11:34 | 11:39 | 11:54 | 12:08 | 12:13 | 11:15 | 11:18 | 11:36 | 11:48 | 12:03 | 12:15 | 12:24 |
| 11:37 | 11:45 | 12:04 | 12:09 | 12:24 | 12:38 | 12:43 | 11:45 | 11:48 | 12:06 | 12:18 | 12:33 | 12:45 | 12:54 |
| 12:07 | 12:15 | 12:34 | 12:39 | 12:54 | 1:08 | 1:13 | 12:15 | 12:18 | 12:36 | 12:48 | 1:03 | 1:15 | 1:24 |
| 12:37 | 12:45 | 1:04 | 1:09 | 1:24 | 1:38 | 1:43 | 12:45 | 12:48 | 1:06 | 1:18 | 1:33 | 1:45 | 1:54 |
| 1:07 | 1:15 | 1:34 | 1:39 | 1:54 | 2:08 | 2:13 | 1:15 | 1:18 | 1:36 | 1:48 | 2:03 | 2:15 | 2:24 |
| 1:37 | 1:45 | 2:04 | 2:09 | 2:24 | 2:38 | 2:43 | 1:45 | 1:48 | 2:06 | 2:18 | 2:33 | 2:45 | 2:54 |
| 2:07 | 2:15 | 2:34 | 2:39 | 2:54 | 3:09 | 3:14 | 2:12 | 2:15 | 2:33 | 2:48 | 3:03 | 3:15 | 3:24 |
| 2:37 | 2:45 | 3:04 | 3:09 | 3:24 | 3:39 | 3:44 | 2:42 | 2:45 | 3:03 | 3:18 | 3:33 | 3:45 | 3:54 |
| 3:07 | 3:15 | 3:34 | 3:39 | 3:54 | 4:09 | 4:14 | 3:12 | 3:15 | 3:34 | 3:49 | 4:03 | 4:15 | 4:24 |
| 3:37 | 3:45 | 4:04 | 4:09 | 4:24 | 4:39 | 4:44 | 3:42 | 3:45 | 4:04 | 4:19 | 4:33 | 4:45 | 4:54 |
| 4:07 | 4:15 | 4:34 | 4:39 | 4:54 | 5:09 | 5:14 | 4:12 | 4:15 | 4:34 | 4:49 | 5:03 | 5:15 | 5:24 |
| 4:37 | 4:45 | 5:04 | 5:09 | 5:24 | 5:39 | 5:44 | 4:42 | 4:45 | 5:04 | 5:19 | 5:33 | 5:45 | 5:54 |
| 5:07 | 5:15 | 5:34 | 5:39 | 5:54 | 6:08 | 6:13 | 5:12 | 5:15 | 5:34 | 5:49 | 6:03 | 6:14 | 6:23 |
| 5:37 | 5:45 | 6:04 | 6:09 | 6:23 | 6:36 | 6:41 | 5:49 | 5:52 | 6:10 | 6:21 | 6:33 | 6:44 | 6:53 |
| 6:09 | 6:15 | 6:33 | 6:38 | 6:52 | 7:05 | 7:10 | 6:19 | 6:22 | 6:38 | 6:49 | 7:03 | 7:14 | 7:23 |
| 6:39 | 6:45 | 7:03 | 7:08 | 7:22 | 7:35 | 7:40 | 6:49 | 6:52 | 7:08 | 7:19 | 7:33 | 7:44 | 7:53 |
| 7:09 | 7:15 | 7:33 | 7:38 | 7:52 | 8:05 | 8:10 | 7:19 | 7:22 | 7:34 | 7:45 | 7:56 | 8:07 | 8:16 |
| 8:09 | 8:15 | 8:33 | 8:38 | 8:52 | 9:05 | 9:10 | 7:49 | 7:52 | 8:08 | 8:19 | 8:33 | 8:44 | 8:53 |
| 9:09 | 9:15 | 9:33 | 9:38 | 9:52 | 10:05 | 10:10 | 8:49 | 8:52 | 9:08 | 9:19 | 9:33 | 9:44 | 9:53 |
| 10:09 | 10:15 | 10:33 | 10:38 | 10:52 | 11:05 | 11:10 | 10:19 | 10:22 | 10:38 | 10:49 | 11:03 | 11:14 | 11:23 |
| 11:09 | 11:15 | 11:33 | 11:38 | 11:52 | 12:05 | 12:10 | 11:19 | 11:22 | 11:38 | 11:49 | 12:03 | 12:14 | 12:23 |
| 12:09 | 12:15 | 12:33 | 12:38 | 12:52 | 1:05 | 1:10 | 12:19 | 12:22 | 12:38 | 12:49 | 1:03 | 1:14 | 1:23 |

SUNDAY: From Downtown Norfolk Transit Center to Norfolk Naval Shipyard to Victory Crossing to Jolliff Rd

SUNDAY: From Jolliff Rd to Victory Crossing to Norfolk Naval Shipyard to Downtown Norfolk Transit Center

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|---------------------------------|--------------------------|---------------------|-------------------------|------------------|-------------------|-----------------------------|-----------------------------|-------------------|------------------|-------------------------|---------------------|--------------------------|---------------------------------|
| Downtown Norfolk Transit Center | MacArthur Square Station | Downtown Portsmouth | Portsmouth Blvd Elm Ave | Victory Crossing | Chesapeake Center | Jolliff Rd Portsmouth Blvd. | Jolliff Rd Portsmouth Blvd. | Chesapeake Center | Victory Crossing | Portsmouth Blvd Elm Ave | Downtown Portsmouth | MacArthur Square Station | Downtown Norfolk Transit Center |
| - | - | - | - | - | - | - | 5:19 | 5:24 | 5:36 | 5:50 | 6:03 | 6:12 | 6:23 |
| 5:09 | 5:15 | 5:26 | 5:31 | 5:42 | 5:58 | 6:03 | 6:19 | 6:22 | 6:36 | 6:50 | 7:03 | 7:12 | 7:23 |
| 6:09 | 6:15 | 6:26 | 6:31 | 6:42 | 6:58 | 7:03 | 7:19 | 7:22 | 7:36 | 7:50 | 8:03 | 8:12 | 8:23 |
| 7:09 | 7:1 | | | | | | | | | | | | |